

www.diveoceanus.com

### Medical questionnaire for beginners and certified divers:

If you have any of the medical conditions mentioned in the RSTC medical questionnaire, we would require a **fit for diving** medical certificate from a physician.RSTC forms in multi-languages on this link https://www.uhms.org/resources/recreational-diving-medical-screening-system.html

For Open Water Certification Onwards Dive Price per dive	Dives Tank & Weights	Equipment Rent Per dive	al		
Orientation 01 to 04 05 to 09 Dives 10+Dives	\$ 54.86 \$ 86.21 \$ 82.29 \$ 78.37	Full Equipment BCD Regulator Dive Computer	\$19.59 \$7.05 \$7.05 \$7.05	Wetsuit \$7.09 U/W Light. \$11.7 GoPro \$47. DPV \$31.3	76 .02

Above prices for dives/dive packages are only for individual divers (cannot be shared with buddy) The above dive prices include Tanks & Weights include Cylinder, Weights, Weight Belt, Mask, Fins, Snorkel & Surface marker buoy only Full Equipment Rental inclusive of BCD, Regulator, Dive computer, Wetsuit, Tanks, Weights Mask Fins & Surface marker buoy only Nitrox fill FREE for all Nitrox Certified Divers

### **PADI Courses**

Bubble Maker (Kids Diving)	\$ 173.98		
Discover Scuba Diving	\$ 188.09		
PADI Scuba Diver	\$ 470.22		
Upgrade to PADI Open Water Diver	\$ 470.22		
PADI Open Water Diver	\$ 783.70		
PADI Adventure Dive/Specialty Dive	\$ 109.72		
PADI Adventure Diver	\$ 470.22		
PADI Advanced Open Water Diver	\$ 626.96		
Emergency First Response (EFR)	\$ 274.29		
PADI Rescue Diver	\$ 783.70		
PADI Divemaster	\$ 1567.40		
PADI Re-Activate	\$ 117.55		
PADI Diver Propulsion Vehicle	\$ 235.11		
PADI Enriched Air Diver (non-diving course) \$ 156.74			

Full Equipment is included for all PADI Courses.

### Pre-book with your dive manager

PADI Certification Kit

Private Boat (o4 hours)	\$ 673.98	customize & enhance
Private Boat (o8 hours)	\$ 1175.55	customize & enhance
Private Instructor Hire (per hour)	\$ 235.11	customize & enhance
Others		
diveOceanus Logbook	\$ 15.67	
diveOceanus T-Shirts		

\$195.92

### All the above prices are subject to the 10% Service Charge and 16% of Goods and Services Tax levied by the Government of Maldives. diveOceanus reserves the right to change these prices without further notice \*All payments are to be done at the Hotel Cashier\*

### Remarks

Single lesson with a Dive
Single lesson with a Dive
PADI Certification material included
PADI Certification material included
PADI Certification material included
Credits for Adventure & Advanced
PADI Certification material included
PADI Professional
PADI Scuba Refresher course
PADI Certification material included
PADI Certification material included











### Diver Medical | Participant Questionnaire

Recreational scuba diving and freediving requires good physical and mental health. There are a few medical conditions which can be hazardous while diving, listed below. Those who have, or are predisposed to, any of these conditions, should be evaluated by a physician. This Diver Medical Participant Questionnaire provides a basis to determine if you should seek out that evaluation. If you have any concerns about your diving fitness not represented on this form, consult with your physician before diving. If you are feeling ill, avoid diving. If you think you may have a contagious disease, protect yourself and others by not participating in dive training and/ or dive activities. References to "diving" on this form encompass both recreational scuba diving and freediving. This form is principally designed as an initial medical screen for new divers, but is also appropriate for divers taking continuing education. For your safety, and that of others who may dive with you, answer all questions honestly.

### Directions

#### Complete this questionnaire as a prerequisite to a recreational scuba diving or freediving course.

Note to women: If you are pregnant, or attempting to become pregnant, *do not dive*.

	1 I have had problems with my lungs, breathing, heart and/or blood affecting my normal physical or mental performance.		
1			No 🗆
		Yes 🗆	
2	I am over 45 years of age.	Go to box <b>B</b>	No 🗆
3	I struggle to perform moderate exercise (for example, walk 1.6 kilometer/one mile in 14 minutes or swim 200 meters/yards without resting), OR I have been unable to participate in a normal physical activity due to fitness or health reasons within the past 12 months.	Yes □*	No 🗆
4	I have had problems with my eyes, ears, or nasal passages/sinuses.	Yes □ Go to box <b>C</b>	No 🗆
5	I have had surgery within the last 12 months, OR I have ongoing problems related to past surgery.		No 🗆
	I have lost consciousness, had migraine headaches, seizures, stroke, significant head injury, or suffer from persistent neurologic	Yes 🗆	No 🗆
6 I have lost consciousi injury or disease.		Go to box <b>D</b>	
	I am currently undergoing treatment (or have required treatment within the last five years) for psychological problems, personality	Yes 🗆	
7	disorder, panic attacks, or an addiction to drugs or alcohol; or, I have been diagnosed with a learning or developmental disability.	Go to box <b>E</b>	No 🗆
		Yes 🗆	
8	I have had back problems, hernia, ulcers, or diabetes.	Go to box <b>F</b>	No 🗆
		Yes 🗆	
9	I have had stomach or intestine problems, including recent diarrhea.	Go to box <b>G</b>	No 🗆
10	I am taking prescription medications (with the exception of birth control or anti-malarial drugs other than mefloquine (Lariam).	Yes □*	No 🗆

### **Participant Signature**

If you answered NO to all 10 questions above, a medical evaluation is not required. Please read and agree to the participant statement below by signing and dating it.

**Participant Statement:** I have answered all questions honestly, and understand that I accept responsibility for any consequences resulting from any questions I may have answered inaccurately or for my failure to disclose any existing or past health conditions.

Participant Signature (or, if a minor, participant's parent/guardian signature required.

Date (dd/mm/yyyy)

Participant Name (Print)

Birthdate (dd/mm/yyyy)

Instructor Name (Print)

Facility Name (Print)

\* If you answered YES to questions 3, 5 or 10 above OR to any of the questions on page 2, please read and agree to the statement above by signing and dating it AND take all three pages of this form (Participant Questionnaire and the Physician's Evaluation Form) to your physician for a medical evaluation. Participation in a diving course requires your physician's approval.

(Print)

Date (dd/mm/yyyy)

## **Diver Medical** | Participant Questionnaire Continued

BOX A – I HAVE/HAVE HAD:		
Chest surgery, heart surgery, heart valve surgery, an implantable medical device (eg, stent, pacemaker, neurostimulator), pneumothorax, and/or chronic lung disease.	Yes □*	No 🗆
Asthma, wheezing, severe allergies, hay fever or congested airways within the last 12 months that limits my physical activity/exercise.	Yes□*	No 🗆
A problem or illness involving my heart such as: angina, chest pain on exertion, heart failure, immersion pulmonary edema, heart attack or stroke, OR am taking medication for any heart condition.	Yes□*	No 🗆
Recurrent bronchitis and currently coughing within the past 12 months, OR have been diagnosed with emphysema.	Yes □*	No 🗆
Symptoms affecting my lungs, breathing, heart and/or blood in the last 30 days that impair my physical or mental performance.	Yes□*	No 🗆
BOX B - I AM OVER 45 YEARS OF AGE AND:		
I currently smoke or inhale nicotine by other means.	Yes □*	No 🗆
I have a high cholesterol level.	Yes□*	No 🗆
I have high blood pressure.	Yes □*	No 🗆
I have had a close blood relative die suddenly or of cardiac disease or stroke before the age of 50, OR have a family history of heart disease before age 50 (including abnormal heart rhythms, coronary artery disease or cardiomyopathy).	Yes □*	No 🗆
BOX C - I HAVE/HAVE HAD:		
Sinus surgery within the last 6 months.	Yes □*	No 🗆
Ear disease or ear surgery, hearing loss, or problems with balance.	Yes □*	No 🗆
Recurrent sinusitis within the past 12 months.	Yes □*	No 🗆
Eye surgery within the past 3 months.	Yes□*	No 🗆
BOX D – I HAVE/HAVE HAD:		
Head injury with loss of consciousness within the past 5 years.	Yes □*	No 🗆
Persistent neurologic injury or disease.	Yes □*	No 🗆
Recurring migraine headaches within the past 12 months, or take medications to prevent them.	Yes □*	No 🗆
Blackouts or fainting (full/partial loss of consciousness) within the last 5 years.	Yes □*	No 🗆
Epilepsy, seizures, or convulsions, OR take medications to prevent them.	Yes □*	No 🗆
BOX E - I HAVE/HAVE HAD:		
Behavioral health, mental or psychological problems requiring medical/psychiatric treatment.	Yes □*	No 🗆
Major depression, suicidal ideation, panic attacks, uncontrolled bipolar disorder requiring medication/psychiatric treatment.	Yes□*	No 🗆
Been diagnosed with a mental health condition or a learning/developmental disorder that requires ongoing care or special accommodation.	Yes □*	No 🗆
An addiction to drugs or alcohol requiring treatment within the last 5 years.	Yes □*	No 🗆
BOX F – I HAVE/HAVE HAD:		
Recurrent back problems in the last 6 months that limit my everyday activity.	Yes □*	No 🗆
Back or spinal surgery within the last 12 months.	Yes □*	No 🗆
Diabetes, either drug or diet controlled, OR gestational diabetes within the last 12 months.	Yes□*	No 🗆
An uncorrected hernia that limits my physical abilities.	Yes□*	No 🗆
Active or untreated ulcers, problem wounds, or ulcer surgery within the last 6 months.	Yes □*	No 🗆
BOX G - I HAVE HAD:		
Ostomy surgery and do not have medical clearance to swim or engage in physical activity.	Yes □*	No 🗆
Dehydration requiring medical intervention within the last 7 days.	Yes □*	No 🗆
Active or untreated stomach or intestinal ulcers or ulcer surgery within the last 6 months.	Yes □*	No 🗆
Frequent heartburn, regurgitation, or gastroesophageal reflux disease (GERD).	Yes□*	No 🗆
Active or uncontrolled ulcerative colitis or Crohn's disease.	Yes □*	No 🗆
Bariatric surgery within the last 12 months.	Yes □*	No 🗆

# Diver Medical | Medical Examiner's Evaluation Form

Participant Name	Birthdate	
	(Print)	Date (dd/mm/yyyy)
	it uhms.org for medical guidance on medical cond	participate in recreational scuba diving or freediving ditions as they relate to diving. Review the areas rele-
Evaluation Resul	It	
Approved – I find no cond	ditions that I consider incompatible with recreationa	I scuba diving or freediving.
Not approved – I find cor	nditions that I consider incompatible with recreatio	nal scuba diving or freediving.
Signature of certified med	lical doctor or other legally certified medical provider	Date (dd/mm/yyyy)
Medical Examiner's Name		
	(Prin	it)
Clinical Degrees/Credentials	S	
Clinic/Hospital		
Address		
Phone	Email	
	[	
	Physician/Clinic Stamp (option	nal)
	Created by the <u>Diver Medical Screen Committee</u> following bodies:	in association with the
	The Undersea & Hyperbaric Medical Society	
	DAN (US)	
	DAN Europe Hyperbaric Medicine Division, University of Ca	alifornia, San Diego